

Gastrointestinal Illness Info Sheet

inSPIRE Version 1.0

What tests will be done on my stool sample?

Your stool sample will be tested for:

- **Norovirus** Norovirus is a very contagious virus that causes vomiting and diarrhea. It is sometimes called a “stomach bug” or the “stomach flu.” Norovirus spreads very easily from person to person through eating or drinking contaminated food or water, touching contaminated surfaces or objects, and having direct contact with someone who is sick with norovirus. The two most common types of norovirus that make people sick are Group I (GI) and Group II (GII) noroviruses. We will test your sample for norovirus GI and GII. To find out more about norovirus, please visit: www.dhs.wisconsin.gov/foodborne/norovirus.htm

If your stool sample is received by the laboratory 4 or fewer days after it is collected, the results of the norovirus test will be returned to you. We cannot return results for specimens received more than 4 days after collection. If returned, your norovirus test results will be recorded in your Marshfield Clinic Health System medical record where you can see them. We will also try to call you if you test positive for norovirus.

We will test your stool sample for other germs that cause gastrointestinal illness, but the results of these tests will not be returned to you. Even though we cannot return results of tests for other germs, you can see counts of what we found in the Study Results section of our website: www.marshfieldresearch.org/inspire

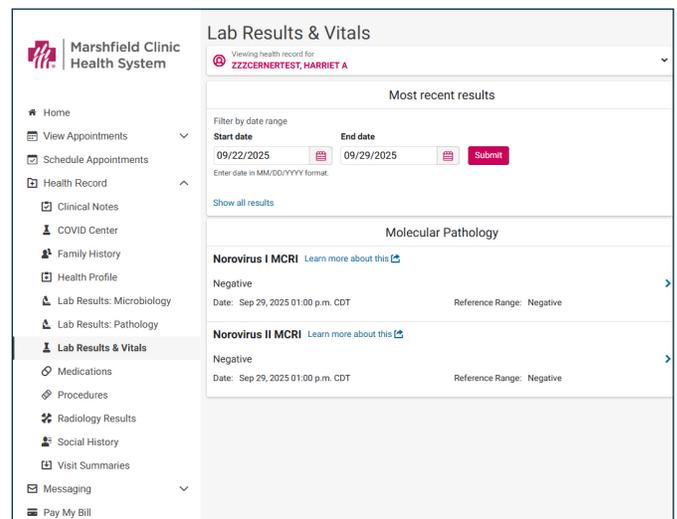
When will I get my result?

The test result is usually available in about a month. There could be unexpected delays though. Research tests are not done as quickly as tests your healthcare provider might order for you.

How can I see my result?

When your result is ready, you can view it in My Marshfield Clinic. To access My Marshfield Clinic, use the mobile app or visit www.marshfieldclinic.org and click on the My Marshfield Clinic icon in the upper right hand corner. You will be directed to

the login page. To access your results from the My Marshfield Clinic website, navigate to the left bar and select ‘Lab Results & Vitals’ under the ‘Health Record’ dropdown. If using the mobile app, results will be located under ‘Test Results’. You may receive an email from My Marshfield Clinic letting you know new information is available in your account.



What if I have questions or concerns about my result?

Research tests are not intended to replace tests your healthcare provider may order for you. If you are concerned about your results, symptoms, health, or exposure, please contact your healthcare provider. In an emergency, dial 911.

If you have questions related to this research study, you can contact study staff by email (inspirestudy@marshfieldresearch.org) or phone (877-905-4053). However, researchers cannot diagnose or treat illnesses, or provide medical advice.

Where can I learn more about this study?

To learn more about the inSPIRE study, please visit our study website: www.marshfieldresearch.org/inspire

